

# Southern District of Iowa

## Community Resource Guide



## **Purpose of the Community Resource Guide**

The Community Resource Guide was developed in collaboration with the Court to provide succinct information of available community resources. Counsel, Probation Officers, and stakeholders can utilize the guide to identify a variety of available community resources to address the needs and barriers specific to persons under supervision throughout the Southern District of Iowa.

The Community Resource Guide provides information on the following areas:

- Healthcare/General Assistance
- Housing
- Treatment Services
- Employment Assistance
- Mental Health Resources

The guide is intended to:

- Expedite viable release plans to the Court
- Inform the Court and counsel of available resources
- Provide viable solutions to common issues at release/detention juncture
- Provide resources to persons under supervision

The resources contained in the guide are not all encompassing and were identified based on common needs and barriers specific to persons under supervision in the Southern District of Iowa. Additional resources can be located at [211iowa.org](http://211iowa.org).

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## Central Iowa Resources (Polk County)

### Healthcare/General Assistance

Agency	Location	Resources	Contact Information
Department of Human Services – Polk County	2309 Euclid Ave. / 1900 Carpenter St. Des Moines, Iowa	Health Care; Income Maintenance; Child and Adult Welfare	515-725-2600 (Euclid Location); 515-725-2755 (Carpenter Location)

### Housing

Bethel Mission Homeless Shelter	1310 6th Ave. Des Moines, Iowa	Homeless Shelter; Long-term Treatment Program	515-244-5445
Central Iowa Shelter & Services	1420 Mulberry St. Des Moines, Iowa	Homeless Shelter; Case Management	515-284-5719
House of Mercy	1409 Clark St. Des Moines, Iowa	Shelter for Women and Children; Mental Health Treatment	515-643-6500

### Treatment Services

Broadlawns Medical Center – New Connections	1801 Hickman Rd. Des Moines, Iowa	Substance Use Treatment; Co-Occurring Disorder; Mental Health	515-282-9500
Covert Action	1223 Center St. Ste. 22 Des Moines, Iowa	Medication Assisted Treatment	515-218-6125
Community and Family Resources	3451 Easton Blvd. Des Moines, Iowa	Substance Use Treatment; Co-Occurring Disorder; Mental Health; Transitional Living	515-262-0349
Eyerly Ball/Unity Point Health	1301 Center St. Des Moines, Iowa	Mental Health Services; Mobile Crisis Response Team	515-241-0982

### Employment Assistance

IowaWORKS	200 Army Post Rd. #44 Des Moines, Iowa	Employment Seeking; Unemployment Filing	515-281-9619
People 360	2611 Ingersoll Ave. Des Moines, Iowa	Temporary Employment Agency	515-285-8367
Evelyn K. Davis Center	1171 7th St. Des Moines, Iowa	Vocational Training; GED; Credit Counseling	515-697-7700
HireQuality Solutions	111 S. 2nd St. Polk City, Iowa	Temporary Employment	515-331-9020

## Central Iowa Resources (Excluding Polk County)

### Healthcare/General Assistance

Agency	Location	Resources	Contact Information
Department of Human Services – Story County	126 S. Kellogg Ave. #101 Ames, Iowa <b>(Story County)</b>	Health Care; Income Maintenance; Child and Adult Welfare	515-292-2035
Department of Human Services-Dallas County	25747 N. Ave. Adel, Iowa <b>(Dallas County)</b>	Health Care; Income Maintenance; Child and Adult Welfare	515-993-5817

### Housing

Emergency Residence Project	225 S. Kellogg Ave. Ames, Iowa <b>(Story County)</b>	Homeless Shelter	515-232-8075
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### Treatment Services

Optimae Life Services	104 S. Hazel Ave. Ames, Iowa <b>(Story County)</b>	Mental Health Treatment	515-956-2600
Creative Counseling Services Inc.	205 5th St. Ames, Iowa <b>(Story County)</b>	Dual Diagnosis Outpatient Services	515-233-1699
Center for Addiction Recovery	806 7th St. Boone, Iowa <b>(Boone County)</b>	Substance Abuse Treatment	515-433-0369
Capstone Behavioral Healthcare	306 N. 3rd Avenue East Newton, Iowa <b>(Jasper County)</b>	Dual diagnosis; Residential & Outpatient Treatment	641-792-4012
Seasons Change Counseling	1422 1st Ave. East Newton, Iowa <b>(Jasper County)</b>	CBT/EMDR Therapy	641-458-1246

### Employment Assistance

Goodwill Career Connection Center	600 N. 2nd Ave. W. Newton, Iowa <b>(Jasper County)</b>	Employment Services	641-791-0424
QPS Employment Group	2010 Philadelphia St. Ames, Iowa <b>(Story County)</b>	Temporary Employment	515-292-5777

### Treatment Services

Oxford House Humility	175 N. Ward Street Ottumwa, Iowa <b>(Wapello County)</b>	Sober Living & Recovery Housing	Women Specific 641-954-8012
Oxford House Wapello	201 N. Ward Ottumwa, Iowa <b>(Wapello County)</b>	Sober Living & Recovery Housing	Men Specific 641-919-2510

## Western Iowa Resources (Pottawattamie County)

### Healthcare/General Assistance

Agency	Location	Resources	Contact Information
Department of Human Services – Pottawattamie County	417 E. Kaneshville Blvd. Council Bluffs, Iowa	Health Care; Income Maintenance; Child and Adult Welfare	712-328-5661
Department of Human Services – Douglas County	1313 Farnam St., Omaha, Nebraska	General Assistance; Economic Assistance; Child and Adult Welfare	888-866-8660 NE Family 800-383-4278 855-632-7633

### Housing

New Visions Homeless Services – Joshua House (Males Only)	1435 N. 15th St., Council Bluffs, Iowa	Homeless Shelter; Transitional Services	712-256-3940
Open Door Mission (Males) & Lydia House (Females)	2828 N. 23 <sup>rd</sup> St. E. Omaha, Nebraska	Homeless Shelter; Case Management. Services; Inpatient Substance Use Treatment	402-422-1111
Sienna Francis House	1117 N. 17 <sup>th</sup> Street Omaha, Nebraska	Homeless Shelter, Case Management Services, Transitional Housing Assistance, Inpatient Substance Abuse Treatment	402-341-1821
Stephen Center	2723 Q Street Omaha, Nebraska	Homeless Shelter, Case Management Services, Transitional Housing, Inpatient Substance Abuse/Co-Occurring Treatment (HERO Program)	402-731-0238

### Treatment Services

Heartland Family Services	515 E. Broadway Ave. Council Bluffs, Iowa	Substance Use Treatment; Mental Health; Case Management. Services	712-322-1407 877-553-3001
Allcare Health Center	902 S. 6th St. Council Bluffs, Iowa	Mental Health Screening; Medication Management; Pharmacy; Insurance Assistance; Substance Abuse	712-325-1990 (Medical) 712-256-6583 (Pharmacy)
Douglas County Mental Health Center	4102 Woolworth Ave. Omaha, Nebraska	Mental Health; Medication Management; Psychiatric Services; Pharmacy	402-444-7000 Available for Low Income/No Insurance

Charles Drew	2915 Grant St. Omaha, Nebraska	Mental Health; Medication Management; Case Management Services; Pharmacy	402-451-3553 Available for low income/No Insurance
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### **Employment Assistance**

Work Staffing	1824 2nd Ave. Council Bluffs, Iowa; 5015 Dodge St. Omaha, Nebraska	Employment Seeking	712-256-5458 (Council Bluffs Location) 402-731-8300 (Omaha Location)
Uptown Staffing	409 S. 8 <sup>th</sup> Street Council Bluffs, Iowa	Employment Seeking	712-329-0900
Express Employment	1720 N. 16 <sup>th</sup> Street, Suite H Council Bluffs, Iowa	Employment Seeking	712-256-6970
Vocational Rehabilitation	9030 300 W. Broadway, Suite 33 Council Bluffs, Iowa	Employment skills, job placement	712-328-3821
VODEC	6912 S. Main Street Council Bluffs, Iowa	Employment skills, job placement	712-328-2638

### **Transitional Housing**

Remnant Fellowship House	Multiple locations in Council Bluffs	Sober Living House, Employment Assistance, Supportive Community Programming	402-706-5751 ChadDBostwick@gmail.com
Oxford House Loess Hills	200 South 1 <sup>st</sup> Street Council Bluffs, Iowa	Sober living, transitional housing	Women and children specific 10 bed house 712-256-1954
Oxford House Bayliss Park	725 5 <sup>th</sup> Avenue Council Bluffs, Iowa	Sober living, transitional housing	Male specific 8 bed house 712-256-6670
Hope House	Multiple locations in Omaha	Will accept those on the sex offender registry	Kelly Paxton 402-250-1805
Michael House	4825 Ames Avenue, #3 Omaha, Nebraska	Will accept those on the sex offender registry	Cynthia Canann 402-431-2772

35 Oxford House locations in Omaha, Nebraska. See Senior USPO for more specifics.

## Western Iowa Resources (Excluding Pottawattamie County)

### Healthcare/General Assistance

Agency	Location	Resources	Contact Information
Department of Human Services – Page County	615 Northwest Rd. Shenandoah, Iowa <b>(Freemont County)</b>	Health Care; Income Maintenance; Child and Adult Welfare	712-623-4838 888-623-4838

### Treatment Services

Zion Recovery Services	1500 E.10th St. Atlantic, Iowa (Main Office) Satellite locations in Red Oak, Clarinda, Shenandoah <b>(Cass County)</b>	Substance Use Treatment; Mental Health; Medication Assisted Treatment; Case Management Services	712-243-5091
Southwest Iowa Mental Health	1500 E. 10th St. Atlantic <b>(Cass County)</b>	Mental Health Services	712-243-2606
Waubonsie Mental Health Center	216 W. Division, Clarinda Satellite locations in Shenandoah, Sidney, Red Oak <b>(Page County)</b>	Mental Health; Crisis Center; Emergency After Hours Care	712-542-2388 Clarinda 712-581-7900 Shenandoah 712-581-7900 Red Oak 712-850-1389 Turning Point Crisis Center

### Employment Assistance

Advance Services, Inc.	308 Chestnut St. Atlantic <b>(Cass County)</b> 210 S. 16 <sup>th</sup> St. Clarinda <b>(Page County)</b>	Employment Seeking	712-243-1772 (Atlantic Location) 712-542-1171 (Page County Location)
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## Eastern Iowa Resources (Scott County)

### Healthcare/General Assistance

Agency	Location	Resources	Contact Information
Department of Human Services – Scott County	600 W. 4th St., Davenport, Iowa	Health Care; Income Maintenance; Child and Adult Welfare	563-326-8680

### Housing

Humility of Mary Homeless Shelter Services	1016 W. 5th St. Davenport, Iowa	Homeless Shelter; Veteran’s Housing; Transitional Living	563-322-8065
Unity House of Davenport	1327 N. Perry St. Davenport, Iowa	Long-Term Sober Living Housing	563-676-5488

### Treatment Services

Center for Alcohol and Drug Services (CADS)	1523 S. Fairmount St. Davenport, Iowa	Substance Use Treatment; Detox Services; Inpatient Treatment	563-322-2667
Community Health Care (CHC)	500 W. River Dr., Davenport, Iowa	General Health, Mental Health, Insurance Assistance	563-336-3000
Vera French Community Mental Center	1441 W. Central Park Ave. Davenport, Iowa	Mental Health Services; Family Counseling; Medication Management; Crisis Assistance	563-383-1990

### Employment Assistance

IowaWORKS	1801-A E. Kimberly Rd. Davenport, Iowa	Employment Seeking; Unemployment	563-445-3200
Express Employment	171 E. 46th St. Davenport, Iowa	Temporary Employment Agency	563-345-1600

### Transitional Housing

Destination Recovery Homes	2630 Iowa St. Davenport, Iowa	Sober Living & Recovery Housing	815-990-4988
Salvation Army Adult Rehabilitation Center	4001 N. Brady St. Davenport, Iowa	Long Term Rehabilitation	563-323-2748
Unity House	2341 E. Pleasant St. Davenport, Iowa	Sober Living & Recovery Housing	563-322-1504

## Eastern Iowa List (excluding Scott County)

### Healthcare/General Assistance

Agency	Location	Resources	Contact Information
Department of Human Services – Des Moines County	560 Division St. #200, Burlington, Iowa <b>(Des Moines County)</b>	Health Care; Income Maintenance; Child and Adult Welfare	319-754-4622
Department of Human Services – Johnson County	855 S. Dubuque St. Ste. 102, Iowa City, Iowa <b>(Johnson County)</b>	Health Care; Income Maintenance; Child and Adult Welfare	319-356-6050

### Housing

Iowa City Housing Authority	410 E. Washington St. Iowa City, Iowa <b>(Johnson County)</b>	Housing information and education, housing assistance	319-356-5400
Southeast Iowa Housing Authority	218 N 3rd St. #309, Burlington, Iowa <b>(Des Moines County)</b>	Housing information and education, housing assistance	319-753-5109

### Treatment Services

Community & Family Resources	430 Southgate Ave. Iowa City, Iowa <b>(Johnson County)</b>	Substance Use Treatment; Detox Services, Inpatient Treatment	319-351-4357
Abbe Center for Community Mental Health	1039 Arthur St. Iowa City, Iowa <b>(Johnson County)</b>	Adult and juvenile mental health services, medication management	319-338-7884
Therapy Group, Inc.	2115 Des Moines Ave. Burlington, Iowa <b>(Des Moines County)</b>	Individual, Couples, and Family Counseling	319-209-2084

### Employment Assistance

IowaWORKS	1700 S. 1st Ave. #11b, Iowa City, Iowa <b>(Johnson County)</b>	Employment Seeking; Unemployment Filing	319-351-1035
IowaWORKS	1000 N. Roosevelt Ave. #9, Burlington, Iowa <b>(Des Moines County)</b>	Employment Seeking, Unemployment services	319-753-1671
InsideOut Reentry	500 N. Clinton St. Iowa City, Iowa <b>(Johnson County)</b>	Tutoring, Life Skills classes, Housing, Employment Readiness	319-338-7996

## Central Iowa Mental Health Resources

### **Adair County**

Agency	Location	Contact Information
Adair County Mental Health	154 Public Square Greenfield, Iowa	641-343-7074
Turning Point Counseling	202 S. 1st St. Suite B Greenfield, Iowa	641-743-8454

### **Adams County**

Agency	Location	Contact Information
Behavioral Health Coalition	1011 Pear Ave. Prescott, Iowa	641-344-2250

### **Appanoose County**

Agency	Location	Contact Information
SIEDA Behavioral Health and Treatment	111 N. Main St., Centerville, Iowa	641-856-8437

### **Boone County**

Agency	Location	Contact Information
UnityPoint Health - Eyerly Ball Boone County Clinic	900 W. 3rd St. Boone, Iowa	515-433-0593

### **Clarke County**

Agency	Location	Contact Information
Crossroads Behavioral Health	405 E. McLane St., Osceola, Iowa	641-342-4888

### **Dallas County**

Agency	Location	Contact Information
Southwest Iowa Mental Health	309 S. 7th St. #B Adel, Iowa	515-993-1919
Southwest Iowa Mental Health	610 10th St. Perry, Iowa	515-642-1023

### **Davis County**

Agency	Location	Contact Information
SIEDA (Behavioral Health and Treatment)	203 S. Madison St., Bloomfield, Iowa	641-664-3251

### **Decatur County**

Agency	Location	Contact Information
Community Health Centers of Southern Iowa	302 NE 14th St. Leon, Iowa	641-446-2383
Community Health Centers of Southern Iowa	802 E. Ackerly St. Lamoni, Iowa	641-784-7911
Decatur/Ringgold County Case Management	201 NE Idaho St. Leon, Iowa	641-446-7178

**Greene County**

Agency	Location	Contact Information
Greene County Medical Center	1000 West Lincoln Way Jefferson, Iowa	515-386-2114

**Jasper County**

Agency	Location	Contact Information
Capstone Behavioral Healthcare	306 N. 3rd Ave. E. Newton, Iowa	641-792-4012
Integrated Treatment Services	303 S. 2nd Ave. W. Newton, Iowa	641-792-0045
Optimae Behavioral Health Services	1730 1st Ave. E. Newton, Iowa	641-787-9133
Seasons Change Counseling	1422 1st Ave. E. Newton, Iowa	641-458-1246

**Jefferson County**

Agency	Location	Contact Information
Jefferson County Health Center	2000 S. Main St. Fairfield, Iowa	641-472-4111
Ardent Center	503 E. Jefferson Ave. Fairfield, Iowa	641-233-8273
First Resources	2200 W. Jefferson Ave. Ste. A, Fairfield, Iowa	641-472-4106
Optimae/ Life Solutions	301 W. Burlington Ave. Fairfield, Iowa	641-472-5771
SIEDA Behavioral Health and Treatment	2200 W. Jefferson Ave. Fairfield, Iowa	641-472-5834

**Keokuk County**

Agency	Location	Contact Information
River Hills Community Healthcare	300 W. Kelley St. Sigourney, Iowa	641-224-8061
SIEDA Behavioral Health and Treatment	114 W. Washington St. Sigourney, Iowa	641-662-3410

**Lucas County**

Agency	Location	Contact Information
Optimae Life Services	1711 Osceola Ave. Chariton, Iowa	641-271-8157
Rathbun Area Mental Health Center	125 S. Grand St. Chariton, Iowa	641-774-8484

**Madison County**

Agency	Location	Contact Information
Crossroads Behavioral Health	102 W. Summit Winterset, Iowa	515-462-3105
Turning Point	113 N. John Wayne Dr. Winterset, Iowa	515-462-5967

**Mahaska County**

Agency	Location	Contact Information
First Resources Corporation Mental Health Therapy	117 1st Ave. W. Oskaloosa, Iowa 52577	Main Tel: 641-673-1421 Intake Tel: 641-673-1421 x22
Mahaska Health – Behavioral Health Services	1229 C Ave. E. Oskaloosa, Iowa 52577	641-672-3159
Choices	117 1st Ave. W. Oskaloosa, Iowa 52577	641-673-1421

**Marion County**

Agency	Location	Contact Information
UCS Healthcare	813 N. Lincoln St. Ste. 9 , Knoxville, Iowa 50138	515-280-3860
Optimae Behavioral Health Services	204 E Robinson St. Knoxville, Iowa 50138	641-205-8501
Pine Rest Christian Mental Health	2611 Washington St. Pella, Iowa 50219	641-628-9599 800-274-9278 (Intake)
Goshorn Psychiatric Services	410 E. Robinson St. Knoxville, IA 50138	641-205-3100
Integrative Counseling Solutions	307 E. Main St. Knoxville, IA 50138	515-267-1340

**Marshall**

Agency	Location	Contact Information
Center Associates	9 N. 4th Ave. Marshalltown, Iowa	641-752-1586
Integrated Treatment Services	29 S. 1st St. Marshalltown, Iowa	641-352-3548
Steiner and Associates	16 E. Main St. Marshalltown, Iowa	515-393-4270

**Polk County**

Agency	Location	Contact Information
Orchard Place	620 8th St. Des Moines, Iowa	515-697-5700
Mercy Behavioral Health	1111 6th Ave. Des Moines, Iowa	515-271-6111
Eyerly Ball - Community Mental Health Services	945 19th St. Des Moines, Iowa	515-241-0982
Eyerly Ball Residential – Cummins House	940 Cummins Pkwy. Des Moines, Iowa	515-277-7933
Eyerly Ball Residential	5631 Francis Ave. Des Moines, Iowa	515-279-1015
Iowa Lutheran Hospital – Behavioral Health Services	700 E. University Ave. Des Moines, Iowa	515-263-5230
Broadlawns Medical Center – Center for Mental Health	1801 Hickman Rd. Des Moines, Iowa	515-282-2200
MercyOne Des Moines – First Step Recovery	1750 48th St. Ste. 2 Des Moines, Iowa	515-271-6075
Integrative Counseling Solutions Inc.	1200 Valley West Dr. Ste. 508 West Des Moines, Iowa	515-267-1340

**Poweshiek County**

Agency	Location	Contact Information
Central Iowa Community Services – Poweshiek County	200 4th Ave. West, Grinnell, Iowa	641-236-9199
Capstone	200 4th Ave. West, Grinnell, Iowa	641-260-8270
Midwest Counseling	818 4th Ave. Grinnell, Iowa	641-236-1644
Healthy Homes Family Services	812 Commercial St. Grinnell, Iowa	641-236-0273

**Ringgold County**

Agency	Location	Contact Information
Ringgold County Public Health	109 W. Madison Mount Ayr, Iowa	641-464-0691
Circle of Life Rehabilitation Services	104 S. Taylor St. Mount Ayr, Iowa	641-464-8058
Community Health Centers of Southern Iowa	119 S. Fillmore St. Mount Ayr, Iowa	641-446-2383
Decatur/Ringgold County Case Management	201 NE Idaho St. Leon, Iowa	641-446-7178

**Story County**

Agency	Location	Contact Information
Central Iowa Psychology Services	223 S Walnut St. Ames, Iowa 50010	515-223-1122
Mary Greeley Medical Center - Behavioral Health Unit	1111 Duff Ave. Ames, Iowa 50010	515-239-2610 515-239-2682 (Intake)
Lutheran Services in Iowa Inc	1323 NW Ave. Ames, Iowa 50010	515-232-7262 515-817-0921 (Intake)
Eyerly Ball Community MH Services Story County Outpatient Clinic	2521 University Blvd. Ste. 121, Ames, Iowa 50010	515-241-0982
YSS Family Counseling and Clinic	125 S. 3rd St. Ames, Iowa 50010	515-233-3141
Richmond Center	1619 S. High Ave. Ames, Iowa 50010	515-232-5811
Optimae Behavioral Health Services	213 Duff Ave. #1 Ames, Iowa 50010	515-715-1887
Creative Counseling Services	214 5th St. Ames, Iowa 50010	515-233-1699

**Taylor County**

Agency	Location	Contact Information
Crossroads Mental Health Center	619 Court, Bedford, Iowa 50833	641-782-8457

**Union County**

Agency	Location	Contact Information
Crossroads Behavioral Health Services	1003 Cottonwood Rd. Creston, Iowa 50801	641-782-8457

**Wapello County**

Agency	Location	Contact Information
Community Based Mental Health	1010 E. Williams St. Ottumwa, Iowa 52501	641-682-8082
Ottumwa Regional Health, Family Recovery	312 E. Alta Vista Ave. Ottumwa, Iowa 52501	641-684-3170
Optimae Behavioral Health Services	226 W Main St. #405 Ottumwa, Iowa 52501	641-682-4804
SIEDA Behavioral Health and Treatment	310 W. Main St. Ottumwa, Iowa 52501	641-683-6747
First Resources Corporation Mental Health Services	102 N. Hancock St. Ottumwa, Iowa 52501	641-682-2800
Southern Iowa Mental Health Center	1527 Albia Rd. Ottumwa, Iowa 52501	641-682-8772

**Warren County**

Agency	Location	Contact Information
Choices Therapy Services	1101 N. Jefferson Way, Ste. 800 Indianola, Iowa 50125	515-279-0111
Unity Point – Eyerly Ball	1007 S. Jefferson Way Indianola, Iowa 50125	515-241-0982
House of Mercy	310 N. Buxon St. Indianola, Iowa 20125	515-358-7610
Peace of Mind Counseling	117 N. Buxon St. Indianola, Iowa 50125	515-962-5561

**Wayne County**

Agency	Location	Contact Information
Community Health Centers of Southern Iowa	102-104 N. Franklin St. Corydon, Iowa	641-872-1750

## Western Iowa Mental Health Resources

### **Cass County**

Agency	Location	Contact Information
Southwest Iowa Mental Health Center	2307 Olive Street Atlantic, Iowa	712-243-2606
Cass County Health System – Memorial Hospital	1501 East 10th Street Atlantic, Iowa	712-243-7521

### **Fremont County**

Agency	Location	Contact Information
Midwest Mental Health	523 West Sheridan Ave. Shenandoah, Iowa	712-246-0159
Shenandoah Medical Center	300 Park Ave. Shenandoah, Iowa	712-246-7390
Waubonsie Mental Health Center	1213 5th Ave. Shenandoah, Iowa	712-581-7900

### **Harrison County**

Agency	Location	Contact Information
CHI Health Clinic Psychiatric Associates	704 North 8th Street Missouri Valley, Iowa	712-642-2045
Heartland Family Services	107 North 4th Ave. Logan, Iowa	712-644-2946

### **Mills County**

Agency	Location	Contact Information
Dimensions Inc.	55684 230th Street Glenwood, Iowa	712-527-2845
Family Connections Inc.	304 South Locust Street Glenwood, Iowa	712-527-4193
Heartland Family Services	103 North Walnut Street, Glenwood 302 South Locust Street, Glenwood	800-422-1407 712-527-2177

### **Montgomery County**

Agency	Location	Contact Information
Waubonsie Mental Health	1000 North Broadway Street, Suite A2 Red Oak, Iowa	712-357-1223
Montgomery County Mental Health	105 East Coolbaugh Street Red Oak, Iowa	712-623-6541

**Page County**

Agency	Location	Contact Information
Southwest Iowa Families	215 East Washington Street Clarinda	712-542-3501
Waubonsie Mental Health Center	216 West Division Street Clarinda	712-542-2388

**Pottawattamie County**

Agency	Location	Contact Information
CHI Health Clinic Psychiatric Associates -Mercy	801 Harmony Street, Medical Office Building 2, Suite 302 Council Bluffs, Iowa	712-328-2609
CHI Health Mercy Hospital Mental Health Services	800 Mercy Drive Council Bluffs, Iowa	402-717-4673
Mental Health Treatment Center of Council Bluffs		800-615-3564
Family Connections, Inc.	500 Willow Ave., Suite 305 Council Bluffs, Iowa	712-256-4420
Full Circle Therapy Center	803 3rd Ave. Council Bluffs, Iowa	712-352-0917
Heartland Family Services	515 East Broadway or 1515 Avenue J Council Bluffs, Iowa	712-322-1407 712-435-5350

**Shelby County**

Agency	Location	Contact Information
Shelby County Community Health and Hospice	2712 12th Street Harlan, Iowa	712-755-4308

**Douglas County, Nebraska**

Agency	Location	Contact Information
Douglas County Mental Health Center	4102 Woolworth Ave. Omaha, Nebraska	402-444-3375
Community Alliance	4001 Leavenworth Street Omaha, Nebraska	402-341-5128
Nebraska Urban Indian Health Coalition	2240 Landon Court Omaha, Nebraska	402-346-0902
CHI Immanuel Mental Health Services	6901 North 72nd Street Omaha, Nebraska	402-717-4673
Charles Drew Mental Health Center	2915 Grant Street Omaha, Nebraska	402-451-3553

## Eastern Iowa Mental Health Resources

### Clinton County

Agency	Location	Contact Information
MercyOne Clinton Medical Center – Behavioral Health Care	1410 N. 4th St., Clinton, Iowa 52732	563-244-5555
Bridgeview CMHC	1320 19th Ave. NW, Clinton, Iowa 52732	563-243-5633

### Des Moines County

Agency	Location	Contact Information
Therapy Group, Inc.	2115 Des Moines Ave., Burlington, Iowa 52601	319-209-2084
Great River Mental Health Care	1225 S. Gear Ave., West Burlington, Iowa 25665	319-768-3700
Turning Point Counseling Services	21589 Iowa 79, Danville, Iowa 52623	319-237-8400

### Henry County

Agency	Location	Contact Information
Hillcrest Family Services	106 N Jackson St., Mt Pleasant, Iowa 52641	319-385-7177
Optimae Behavioral Health Services	605 E. Winfield Ave., Mt Pleasant, Iowa 52641	319-385-8051
Henry County Recovery Center	211 W. Monroe St., Mt Pleasant, Iowa 52641	319-385-2900

### Johnson County

Agency	Location	Contact Information
Abbe Center for Community Mental Health	1039 Arthur St., Iowa City, Iowa	319-338-7884
Chatham Oaks	4515 Melrose Ave., Iowa City, Iowa	319-887-2701
University of Iowa Hospitals, Behavioral Health	200 Hawkins Dr., Iowa City, Iowa	319-356-1616
Alli Center	1150 5th St., Ste. 270, Coralville, Iowa	319-804-9312
Mercy Iowa City Behavioral Health	1067 Ryan Ct., Iowa City, Iowa	319-688-7024

### Lee County

Agency	Location	Contact Information
Life Solutions Behavioral Health	509 Ave. F, Fort Madison, Iowa 52627	319-372-3566
Life Solutions Behavioral Health	206 Bank St., Keokuk, Iowa 52632	319-524-5106
Behavioral Insight	801 Main St., Keokuk, Iowa 52632	319-524-2099

**Louisa County**

Agency	Location	Contact Information
Hillcrest Family Services	218 N. 2nd St., Wapello, Iowa 52653	319-527-4455
Community Health Centers of Southeastern Iowa	2409 Spring Ct., Columbus City, Iowa 52737	319-728-7400

**Muscatine County**

Agency	Location	Contact Information
Thrive Therapy, LLC	228 W. 2nd St., Muscatine, Iowa 52761	563-316-2343
Robert Young Center/New Horizons	1605 Cedar St., Ste. B, Muscatine, Iowa 52761	563-264-9409

**Scott County**

Agency	Location	Contact Information
Vera French Community Mental Health Center	1441 W. Central Park Ave., Davenport, Iowa 52804	563-383-1900
Compassion Counseling Inc.	2435 Kimberly Rd., Ste. 145, Bettendorf, Iowa 52722	563-355-0780

**Van Buren County**

Agency	Location	Contact Information
Iowa Domestic and Sexual Abuse Hotline	421 Church St., Ottumwa, Iowa	800-464-8340
Optimae/ Life Solutions	301 W Burlington Ave., Fairfield, Iowa	641-472-5771
Optimae/ Life Solutions	304 Franklin St., Keosauqua, Iowa	641-472-5771
R & R Counseling Solutions	120 N Hwy. 1, Birmingham, Iowa	641-455-0636

**Washington County**

Agency	Location	Contact Information
Hillcrest Family Services, Washington County MH Center	2175 Lexington Blvd., Bld. 2, Washington, Iowa 52352	319-653-6161
Grace C Mae Advocate Center Inc	420 E Polk St, Washington, Iowa 52352	319-361-6529
Choices	114 West 2nd St, Washington, Iowa 52352	319-591-8176
Washington County Mental Health and Disability Services	2175 Lexington Blvd, Washington, Iowa 52352	319-653-7751